

# SINGLE WAIVER FORM FOR CROSS COUNTRY 2013

I attest that all the athletes that will be participating from our school in the MSTCA cross country meets are student athletes, in good standing, in our high school and are bona fide members of our team. Our school district recognizes that there are certain risks associated with participation in this sport and waives, releases and holds harmless the MSTCA organization, its officers, sponsors and representatives, as well as the host facility from any injury that may be incurred by an athlete in the normal course of participation in these MSTCA events.

School's Name \_\_\_\_\_

Boys' Team \_\_\_\_\_ Girl's Team \_\_\_\_\_ Both \_\_\_\_\_

Principal/Athletic Director's Signature \_\_\_\_\_

School's Phone Number \_\_\_\_\_

Date \_\_\_\_\_

**Please attach your cross country teams roster and mail it immediately to:**

Jim Hoar  
31 Champion Road  
Yarmouthport, MA 02675

Email: [hoarj@dy-regional.k12.ma.us](mailto:hoarj@dy-regional.k12.ma.us)

FAX: 508-398-7635

**THIS MUST BE RECEIVED NO LATER THAN SEPTEMBER 15<sup>TH</sup>, 2013**